



WHO we are
Where we go
What we do

Journey Outreach is a non-profit organization that empowers people to work through life challenges using Journeywork and Visionary Leadership tools.



Our programs help people discover and express their true essence, beauty, and strengths through simple guided introspection processes that allow mental and emotional blocks to be uncovered and released in a healthy way.

Journeywork is used in 20 different languages and has helped over a million people worldwide.

Since 2004, **Journey Outreach** has grown to eleven countries on four continents, providing services for shelters, prisons, orphanages, hospitals, schools, and disadvantaged communities.

Visit us at www.journeyoutreach.org

"If there was an instant social healing package out there we would be the first to grab it. The Journey Intensive has got to be the healing for us. It's the closest thing to an instant healing package."

**Mark Nui, Grand Chief, Innu Nation
 Natuashish Labrador (formerly Davis Inlet)**

"I have seen firsthand the amazing effects of this work on children. They heal physically; they regain a connection to their joy; and they find an inner calm that helps them through turbulent times. Whenever a member of my readership asks my advice about helping their child, I never hesitate to recommend Journeywork, because it never disappoints."

- Crystal Eves, Self Help Columnist and Author

"Since I was introduced to the Journey process, I have experienced some quite remarkable changes. I am now able to relate to people more easily. I have come to understand the uniqueness that each individual possesses and how our interactions are affected by our differences. The Journey has made me more aware of myself and has opened my eyes to the potential that is available to me. It has made me appreciate my own self worth."

- Charles Chege, 26, Kenya

"In only a week we saw tremendous changes. Truancy cases are now not there anymore. The adamant pupils became positive and started creating a conducive environment. Our school was even number one in our zone whereas before we were only ever number five or six out of nine schools."

- Mr. Harrison Okoth, Primary School Teacher, Kenya

"The Journey has helped me heal from the inside out. It has been a cleansing process for me and I feel free from all the baggage I was carrying previously without knowing I was carrying it. I have learned to love myself, forgive myself and heal myself."

- Inmate, Westville Prison, South Africa



**Journeywork in
 disadvantaged communities
 has helped turn entire villages around
 to a bright new future.**

www.journeyoutreach.org



**Liberating Humanity's
 Highest Potential**

**Change
 Begins from the
 Heart**



See How Journeywork is Empowering People Worldwide.

Wellness & Recovery

Ordinary people, no matter their age, background, culture, or upbringing, experience the extraordinary results of true personal freedom and empowerment. People can clear issues relating to fear, anxiety, low self-esteem, depression, stress, physical challenges, emotional and physical abuse, chronic anger, and addictions.



Our Mission

Journey Outreach is committed to sharing Journeywork with communities worldwide to liberate humanity's highest potential.

Accomplishing Our Mission Through:

- Community Workshops & Outreach Programs
- Educational Programs & Scholarships
- Wellness & Empowerment Programs
- One-on-One Practitioner Services



Correctional Facilities

Noticeable shifts take place in cell sections of correctional facilities that experience Journeywork. The overall atmosphere becomes more calm and relaxed. Inmates encourage one another to overcome their fears and take on the challenges of clearing painful memories and emotions. In their cells inmates often use the tools to support themselves and others.



School Children & Youth

A study completed in South Africa with 4700 children showed that by doing a 30-45 minute Classroom Journey process once a week, the number of students that passed increased from 52% to 78%. This program has grown to over 2000 classrooms throughout the world and we are seeing similar results, including reports of fewer disciplinary actions and less absenteeism.

Teachers report that Journeywork courses are rejuvenating and they feel inspired to continue service in their teaching profession.



Employment & Empowerment

Visionary Leadership tailors Journey techniques and tools for professionals in all types of careers, businesses and organizations. It focuses on uncovering and eliminating core mental and emotional blocks that hold back natural potential and innate genius, supports truth and authenticity in individuals and organizations, and allows people to realize and develop their true quality leadership abilities.

The potency and effectiveness of the Visionary Leadership tools have recently inspired the Canadian Judiciary to launch a two-year training program which began in May 2010 and it is being received with great success.

Journey Outreach is actively seeking partnerships with micro-finance agencies to launch similar training programs for disadvantaged and unemployed individuals.

